



In a Challenging Business Environment, Managers Seeking to Fulfill Their Potential Turn to Leadership Coaching

Launch of VARUNE Project Leadership's intensive 16-week coaching program offers a new way for junior and mid-level managers to fast-track their careers.

Plainsboro, NJ ([PRWEB](#)) June 11, 2010 -- In today's business environment, junior and mid-level managers face more challenges than ever before including workforce layoffs, heavy competition for promotions and an increased focus on teambuilding skills. To help up-and-coming managers navigate these obstacles and rise through the ranks, respected New Jersey project leadership firm VARUNE is launching the "Fulfill Your Leadership Potential" executive leadership coaching program.

"Many junior and mid-level managers have excellent technical skills, but need help developing leadership skills necessary for job advancement," says VARUNE principal and program coach Vijay Aluwalia. "In other cases, managers are working extremely long, hard hours but aren't receiving recognition for their efforts. Whatever their challenges, our one-to-one manager coaching program guides participants through the process of identifying barriers to success and fulfilling their potential."

Fulfill Your Leadership Potential is an intensive 16-week management and leadership skills course taught by highly experienced business professionals with Certified Professional Coach (CPC) and Energy Leadership Index Master Practitioner (ELI-MP) certifications. Unlike many other business leadership coaching programs, VARUNE coaches are actively engaged in the business world as project management and leadership consultants for a wide range of companies and organizations.

The VARUNE leadership development coaching program for junior and mid-level managers follows a comprehensive five-step process. Certified VARUNE leadership coaches will guide participants step-by-step as they obtain a measure of existing capabilities, identify desired end results, prioritize goals and identify barriers to success, develop a plan for success and measurably transform their potential into reality. Highlights of the four-month transformational leadership coaching course include:

- A two-hour baseline phone coaching session.
- Eight one-to-one focused hour-long coaching sessions every other week.
- Unlimited email support for all participant questions.
- A 100% money-back satisfaction guarantee.

"By the end of this focused program, participants will have a crystal-clear plan for becoming better managers, practicing more effective leadership skills, gaining recognition for their contributions, moving up the corporate ladder and achieving their ultimate career goals," says Aluwalia.

The Fulfill Your Leadership Potential course offers a complete satisfaction guarantee. If a participant is not satisfied with the course after the baseline coaching session and the first one-to-one coaching session, they can request a full refund of the program price. The cost for the 16-week course is \$2,850. To register visit www.varune.com and click on the "Fulfill Your Leadership Potential" tab under "Coaching Programs".

About VARUNE Project Leadership: VARUNE is a 'go to' team focused on the successful planning, management and implementation of its clients' business initiatives. VARUNE works with medium sized organizations, large business divisions and small enterprises in providing project management, change



management and leadership development consulting.

Company principal Vijay Aluwalia founded the VARUNE in 2006, and has more than 17 years of project management and consulting experience across the United Kingdom, Ireland, Portugal, India and the U.S. He received his Master of Business Administration (MBA) from the Cranfield School of Management, UK, and is a Certified Project Management Professional (PMP®), a Certified Business Analysis Professional™ (CBAP®), a Certified Professional Coach (CPC) and an Energy Leadership™ Index Master Practitioner (ELI-MP).

For more information, visit <http://www.varune.com>.

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